

Exploring Self-Concept as A Career Determinant for Students Of Islamic Education Counseling Guidance Study Program: Study on BKPI IAIN Students Curup Semester VI Year 2021/2022

Syamsul Rizal

Curup State Islamic Institute

Email: syamsulrizal37@gmail.com

Abstrak

Penelitian ini merupakan penelitian kualitatif deskriptif di IAIN Curup Kabupaten Rejang Lebong. Subjek penelitian adalah mahasiswa konsentrasi BKPI semester VI. Teknik pengumpulan data dengan cara observasi, wawancara, dokumentasi. Teknik analisis data dengan cara mengumpulkan data, penyajian data, dan kesimpulan. Pengetahuan mahasiswa BK tentang konsep diri secara keseluruhan masih mencari jati diri dan potensinya, harapan mahasiswa BK PI mengenai karir tidak semuanya tertarik dengan pendidikan sesuai dengan jurusan yang diambil.

Kata kunci: konsep diri, karir, BKPI

Abstract

This research is a descriptive qualitative research. The tempat of this research is IAIN Curup, Rejang Lebong Regency. The subject of the study was a student of BKPI concentration semester VI. Data collection techniques by means of observation, interviews, documentation. Data analysis techniques by means of data collection, data presentation, and conclusions. From the research, it can be seen that knowledge regarding self-concept is many research subjects. BK students' knowledge of their overall self-concept is still looking for their identity and potential, the expectations of BK PI students regarding careers are not all interested in education.

Keywords: self-concept, career, BKPI

Introduction

Education is a conscious effort to prepare students through guidance and teaching activities, and training for their role in the future. Where education can educate and improve the standard of living of one nation. The purpose of education is basically to help the optimal development of each individual in accordance with his potential and produce quality human beings. As stated in Law No. 20 of 2003 article 3 which reads: National Education functions to develop capabilities and shape the character and civilization of the nation in order to educating the life of the nation, aiming to develop the potential of educational participants to become human beings who believe and are devoted to God Almighty, have noble character, are healthy,

knowledgeable, capable, creative, independent , and a democratic and responsible citizen.¹

Education is the need of every human being from birth to the end of his life.² The more educated a person is, the more knowledge a person has. The possibility to try something new is getting bigger, so that someone will be more creative and have the ability, by having education through learning then someone can manifest oneself and one will have the right desire for something without depending on others.³ Therefore, most students who graduate from high school want to continue their education to a university that suits their major when they are in high school to determine the direction of his career going forward. Curup State Islamic Institute is one of the universities that organizes academic and professional education, composed on the basis of the whole and unity of Islamic knowledge. Where IAIN Curup has many Academic and Professional education programs that suit the interests, talents, potentials, owned by the individual.

The flow of education can determine a person's job or career, a person generally needs employment to work and succeed in the work he holds. In society at large there are various types of work, but the work that has been held is not all fruitful and happy as the purpose of life that is the goal of life. in accordance with his self-concept.⁴ At this time work has a very large role in fulfilling the needs of human life, especially economic needs, free trade and technological advances will increase competition or money that can be used to buy goods and services to meet the needs of daily life.

Socially, people who have jobs will be more valued and respected by society than people who are unemployed. Moreover, people who have jobs psychologically will increase self-esteem and self-competence. Work can also be a fertile vehicle to

¹ Sikdiknas, *Law of the Republic of Indonesia No. 20 of 2003 concerning National Education* (Jakarta: Raja Grafindo Persada, 2003).

² Febri Malfi et al., "Lifelong Education from a Hadith Perspective," *AJUP: Flow Education Journal* 3, no. 1 (2023), <https://doi.org/https://doi.org/10.57250/ajup.v3i1.189>.

³ Primandha Sukma Nur Wardhani and Dian Nastiti, "Implementation of Entrepreneurship Education in Fostering Student Entrepreneurial Interest," *Prima Magistra: Scientific Journal of Education* 4, no. 2 (2023), <https://doi.org/https://doi.org/10.37478/jpm.v4i2.2622>.

⁴ Rega Boby Afrionaldy and Rina Martini, "The type of leadership of Village Head Yan Teguh Wibowo in increasing community participation in village development," *Journal of Politic and Government Studies* 12, no. 1 (2023), <https://ejournal3.undip.ac.id/index.php/jpgs/article/view/37429>.

actualize all the potential of individuals.⁵ When someone's work is suitable then they will be happy and full of joy to do the work, on the other hand if someone works not in accordance with their potential It is in him that it is certain that he will work less passionately, less happy and less diligent, so it is necessary to match the demands of the job or position with the potential that is within him. Then a person must get to know his self-concept and adjust his self-concept in determining the direction of his career. In Indonesia, many people work not in accordance with their educational background and potential.

From the above phenomenon, it can be seen that the need for employment is still a very important problem to be resolved immediately. This problem is not only the responsibility of the government, but also our collective responsibility, including educators. An educator is not only obliged to develop intellectual abilities but more than that an educator must also be able to guide his students to be independent, can also understand himself, understand the world of work and have career maturity as a provision for his future. So that it can create self-identity and foster a positive sense of self-worth.

Work is not necessarily a career, the word work (*work, job, employment*) indicates every activity that produces goods or services while the word career (*career*) is more emphasizes the aspect that a person views his work as a vocation that permeates all thoughts and feelings and colors his entire lifestyle. Previously, Donald Super stated that career is a series of jobs, positions and positions that lead to the world of work.⁶ A. Muri Yusuf mentioned that "careers include three related ones, namely the world of education (*pre-occupation*), the world of work (*occupation*) and the world of retirement (*post occupation*) during the life span".⁷ This statement can be interpreted that success in the world of education contributes to success in the world of work which is closely related to achievement and position as a person who is respected when the individual enters the world of retirement. Many problems occur as a result of an individual's

⁵ Rahmi, Hanifah and Desyandri, "The Concept of Free Education Learning from the Perspective of Idealism Philosophy," *Pendas: Scientific Journal of Basic Education* 8, no. 1 (2023), <https://doi.org/https://doi.org/10.23969/jp.v8i1.7586>.

⁶ Hardiarni, *Career Counseling* (Batu Cage: STAIN Batu Sangkar Press, 2009).

⁷ Muri Joseph, *Quantitative, Qualitative & Combined Research Methods*, 2017.

unpreparedness in living his career life. Therefore, career assistance efforts should have been given since individuals take education levels both in elementary schools, junior high schools, high schools / vocational schools and universities. Thus, career selection requires more preparation and careful planning than just getting a temporary job. Given how important career issues are in human life, children need to be prepared and helped from an early age to plan a brighter future, by providing ongoing career education and guidance.

Self-concept is a picture of a person fulfilling themselves which is a combination of physical, psychological, social, emotional, aspirational, and achievement beliefs they achieve. Self-concept is one aspect that is quite important for individuals in behavior.⁸ This means that if individuals tend to think they will succeed, then this is a force or drive that will make individuals go to success, otherwise if individuals think will fail then this is tantamount to preparing for failure for him. Self-concept is a way of looking at himself which includes the abilities possessed, feelings experienced, physical condition of himself and his immediate environment.

The first dimension in knowing self-concept is self-recognition or knowledge about oneself where one must know one's self-concept, be it self-introduction of images or knowledge What he has, the characteristics contained in him, his abilities, his age, his gender, and his physical shortcomings, so that the individual can understand image himself and can determine his career exactly. The second dimension in recognizing self-concept is self-expectation or self-purpose, where an individual must also have an aspect of his or her view. So that they have hopes or goals about the possibility of themselves becoming in the future or their aspirations and have hopes to make themselves more ideal. The third dimension in recognizing self-concept is self-assessment, self-assessment is a person's assessment of himself as an observer, standard-setter, fantasizing, comparing, especially as a thorough judge of himself and his career. In addition, the assessment functions as a bridge that relates to the previous dimension of self-concept.

From the explanation above, it shows that self-concept has an important role in determining career direction so that cognitive, effective, and individual abilities can

⁸ Nur Gufron and Rini Risnawati, *Psychological theories* (Yogyakarta: Ar-Ruzz Media, 2010).

be channeled with good so that the individual can succeed in the world of work. Therefore, a student must be able to accept himself, assess and identify the abilities he has related to his career as early as possible. So that they are able to make work alternatives that are in accordance with their education. Therefore, self-concept is very important in determining career direction. In the process, individuals are required to be able to recognize their self-characteristics and career characteristics and plan or determine their careers so that the direction of career choices is higher and more exactly.

The phenomenon that occurs today is that many students do not know their career choices because students do not understand the concept of themselves. This is also reinforced by a brief interview that has been conducted by the author with several students at one of the state universities IAIN Curup. They admitted that they did not know the field of work / career that they would live in accordance with the education taken after graduating from college later. Working as a civil servant (Civil Servant) is an alternating choice referred to by VI semester students concentrating on guidance and counseling without adjusting the field of work to their abilities. Even the first time I decided to choose a major in college, it was not with careful decision and consideration, without understanding his concept of whether he was a major It can determine his future career.

Therefore, from this phenomenon, researchers consider it necessary to conduct deeper research on "Exploring Self-Concept as a Career Determining Factor for Students of the Islamic Education Counseling Guidance Study Program: Studies on BKPI IAIN Students Curup Semester VI of 2021/2022"

Research Methods

This research is field *research*, in this case researchers use a type of qualitative research, namely analyzing and presenting facts systematically based on the amount or amount of data described in the form of words or conclusions.¹ So that what is given is always clear on the factual basis so that everything can always be returned directly to the data obtained. The description of conclusions is based on facts that can be obtained and conclusions are made. Its data manager is based on data analysis. There are

generally three stages in qualitative research, namely: Pre-field stage, work stage and data analysis stage.⁹ Pre-Field Stage, Field Work Stage and Data Analysis Stage. So the type of research used is skin research or direct survey to the research area to hear, see, observe the research subject. In this case, the research subjects were students of the IAIN Curup counseling guidance concentration for the academic year 20, 21/2022, semester VI, which amounted to 170 students and 10% of the 170 obtained the results of 17 students being the subjects of research

The supporting data needed in this study was obtained through informants, namely the head of the counseling guidance concentration, academic supervisor. If the data is not clear or requires very detailed and accurate clarity, the researcher will repeat again to obtain clarity about the informants obtained, the informant selection technique above is subject to *snowball sampling techniques*. "Snowball Sampling is a sample research technique. This pattern begins with the determination of the first sample. The next sample is determined based on information from the first sample onwards. With snowball pulling, researchers would theoretically face an infinite number of samples. Therefore, it is entirely determined by the researcher until he considers that the number of samples is adequate.³ And the purpose of this study is to determine the knowledge of VI semester students regarding their self-concept and career, the assessment of VI semester students on their self-concept and career and the expectations of VI semester students and their self-concept and career.

Discussion and Research Results

In this study, researchers conducted a series of activities to find accurate information about self-concept in determining the careers of BK students, by observing and interviewing related components, in this case BK PI students who were the subjects of research totaling 170 students and taken as many as 10% as research subjects totaling 17 students, From the results of interviews with several BKPI concentration students semester VI and observations at IAIN Curup generally already have knowledge, expectations and assessments about self-concept and career that will be lived later in lihat

⁹ Sugiyono, *Quantitative, qualitative and R&D research methods* (Bandung: CV. Alfabeta, 2014).

³ Sudarwan Danim. "*Research Methods of Behavioral Sciences*" (Earth script. Jakarta : 1998), p.98

from three dimensions, namely: Student knowledge about self-concept and career, Student expectations about self-concept and career and Student assessment of self-concept and career.

1. Student Knowledge of Self-Concept and Career

Self-concept is a concept about the individual himself which includes how a person perceives, thinks and assesses himself so that his actions are in accordance with the concept of himself. This is reinforced by a statement from a research informant with the initials M expressing his opinion "what I know is that self-concept is an understanding of oneself what to become later according to judgments and desires where the assessment changes due to the judgment of others".¹⁰

While the results of interviews with OPS obtained the following results: Self-concept is what becomes our iron, not from the results of imitation from the environment, thus self-concept is in the form of what is a guide that exists in individuals, so that thus humans have their own concepts The same thing was conveyed by respondents, Brother DS regarding the same question from researchers. Brother DS said that "self-concept is a judgment about what beliefs I do according to my wishes". From the results of the answers given by all respondents, it can be stated that all respondents have knowledge of the intent of their self-concept and career. It can be understood that self-concept is the view of each individual towards himself both regarding physical, attitude and so on.¹¹¹²

Similarly, DS has understood his self-concept well. DS confidently says "I understand my self-concept, where I'm going, and what my goals are, and what my lifestyle is". The two different answers above about "have students known their self-concept and career well" show that there are respondents who have recognized their self-concept and career, and some have not recognized it because they do not have a stance or still often follow along.¹³

Then the interview continued regarding the next question given by the author to respondents who had recognized their self-concept and career, "how are the

¹⁰ Interview with *M Student IAIN Curup*, Prodi BKPI. August 30, 2013.

¹¹ Interview with OPSstudent *IAIN prodi BKPI* August 30, 2013

¹² Interview with *DSMahasiswa IAIN Curup*, Prodi BKPI. August 30, 2013.

¹³ Interview with *DSMahasiswa IAIN Curup*, Prodi BKPI. August 30, 2013.

benefits obtained if they already know their self-concept?. Respondent M said: "There are many benefits, including I know the potential I have so I know where I will go in my career, I can carry myself as I want". While the answer obtained from DS is: "Knowing traits or characters that were previously not good, can be changed to good, I can facilitate how to socialize, can know the criteria in myself, and by knowing about myself I can make changes if it is bad".¹⁴¹⁵

From the answers of respondents (only respondents who know their self-concept and career) about the benefits of knowing self-concept, researchers can conclude that self-concept has an *important role in determining individual behavior* perceiving or judging themselves will be clear from all their behavior, in other words, a person's behavior will be in accordance with the way individuals perceive and assess themselves. If the individual views himself as someone who has enough ability to carry out the task, then the individual will show successful behavior in carrying out his task. Conversely, if the individual views himself as a person who lacks the ability to carry out tasks, then the individual will show incompetence in his behavior.

From the answers obtained from respondents (only respondents who know their self-concept and career), the conclusion obtained is that respondents do self-introspection where if there are bad traits, changes are made for the better. In addition, according to researchers that the self-concept possessed by individuals can be known through information, opinions, judgments or evaluations from others about themselves.

Related to the research conducted by Tazkia Diva, Sastradireja & Dewi Rosiana in the influence of self-concept on career maturity that actually maturity in this career does not take place regularly and suddenly because in a person of course must find his true identity and realize his responsibilities first because good self-acceptance must be dil Alui with a mature career process and this is seen in everyone.¹⁶

¹⁴ Interview with *M Student IAIN Curup*, Prodi BKPI. August 30, 2013.

¹⁵ Interview with *DSMahasiswa IAIN Curup*, Prodi BKPI. August 30, 2013.

¹⁶ Tazkia Diva Sastradireja and Dewi Rosiana, "The Influence of Self-Concept on the Career Maturity of Grade 12 Students of State Vocational Schools in Bandung Regency," *Bandung Conference*

So in this case that students' understanding or knowledge of self-concept and career is by doing self-introspection where if there are bad traits, changes are made for the better. In addition, according to researchers that the self-concept possessed by individuals can be known through information, opinions, assessments or evaluations from others about themselves and realize their responsibilities first because good self-acceptance must be passed through a mature career process.

2. Student Expectations About Self-Concept and Career

At certain times, a person has an aspect of his view of himself. Individuals also have an aspect of their view of what they are likely to become in the future.

Researchers provide questions regarding expectations, namely what career fields are expected in accordance with existing potential? The answer obtained from the first respondent, CAM that "in terms of everything is done with the mind and comfort of myself and the career field that I like is the field of accountants". The same question was given to ID, obtained the answer which is "because I aspire to become a teacher and I feel there is potential to become a teacher then the career field I want is in the field of education". While OS answers the same question¹⁷, "the career field that I like is the computer field and I will develop that knowledge".¹⁹

The author can conclude that the three respondents above that their current career fields are not in accordance with their existing potential. At this time CAM, ID, and OS are at the concentration of BK so when viewed with the potential of each, then this is not appropriate.

Another answer obtained based on the same question regarding "what career field is expected in accordance with existing potential?": In respondents with the initials M, the answer was obtained "the desired career field is the field of education

¹⁷ Interview with *CAM Student STAIN Curup*, BK Study Program. August 30, 2013.

¹⁸ Interview with *STAIN Curup Student ID*, BK Study Program. August 30, 2013.

¹⁹ Interview with *STAIN Student OS Curup*, BK Study Program. August 30, 2013.

and becoming a BK Teacher, both enter college and choose BK majors in accordance with existing desires and potentials".²⁰

In line with M, DS said: "The career field I choose now, namely BK, is in accordance with the potential I have".²¹

The conclusion obtained is that not all respondents who are BK students have hopes and potentials in the field of education (especially BK).

Rogers states that while a person has one set view of who he is, he also has another set of views about what he might become in the future. In short, people have hope for themselves, this hope is the ideal self, judging from the statement: (a) I want to be a champion. (b) I am a clever person.

So that respondents' thoughts about their self-concept and career can be seen from the desired world of work and what efforts are made to achieve the expected career, overall there are respondents who have understood the world of work and some have not understood. However, all respondents on average will do their best by trying hard and studying seriously.

3. Student Assessment of Self-Concept and Career

In appraisal, the individual is the judge of himself. Does it contradict (1) "who am I?", the expectation for the individual: (2) "what should I become?", the standard for the individual. The result of the assessment is called self-esteem. The less mismatched the expectations and self-standards, the lower one's self-esteem will be.

Respondents' assessment of knowledge related to self-concept that many research subjects do not know themselves as a whole. They are still looking for who they are and what potential they have. Regarding expectations about careers that research subjects express expectations in the career field must be achieved even though not all subjects choose careers in education in accordance with the major, and finally with regard to the assessment of subjects if their expectations in the career

²⁰ Interview with *M Student STAIN Curup*, BK Study Program. August 30, 2013.

²¹ Interview with *DSThe STAIN Curup Scholarship*, BK Study Program. August 30, 2013.

field are not achieved, almost all answer will feel disappointed but still struggle and try so that their expectations in the career field can be achieved.

So that the whole is related to knowledge regarding self-concept that some research subjects do not know as a whole. They are still looking for who they are and what potential they have. Regarding expectations about careers that research subjects express expectations in the career field must be achieved even though not all subjects choose careers in education in accordance with the major, and finally with regard to the assessment of subjects if their expectations in the career field are not achieved, almost all answer will feel disappointed but still struggle and try so that their expectations in the career field can be achieved.

Conclusion

Based on the findings of the study, it can be concluded that in this study is a picture of individual ignorance of his self-concept. The knowledge of Islamic Education Counseling Guidance (BK PI) students regarding their overall self-concept is still looking for their identity and potential, the expectations of Islamic Education Counseling Guidance (BKPI) students regarding careers are not all interested in education in accordance with the majors taken but must be achieved. And the assessment of Islamic Education Counseling Guidance (BKPI) students if the desired expectations are not achieved, they must continue to try by continuing to study hard and diligently.

Bibliography

- Afrionaldy, Rega Boby, and Rina Martini. "The leadership type of Village Head Yan Teguh Wibowo in increasing community participation in village development." *Journal of Political and Government Studies* 12, no. 1 (2023). <https://ejournal3.undip.ac.id/index.php/jpgs/article/view/37429>.
- Gufron, Nur, and Rini Risnawati. *Psychological theories*. Yogyakarta: Ar-Ruzz Media, 2010.
- Hanifah, Rahmi, and Desyandri. "The Concept of Free Education: Learning Perspectives, Philosophy, Idealism." *Pendas: Scientific Journal of Basic Education* 8, no. 1 (2023). <https://doi.org/https://doi.org/10.23969/jp.v8i1.7586>.
- Hardiarni. *Career Counseling*. Cage Stone: STAIN Stone Cage Press, 2009.

Malfi, Febri, Sudirman, Edi Safri, and Rehani. "Lifelong Education Hadith Perspective." *AJUP: Current Journal of Education* 3, no. 1 (2023). <https://doi.org/https://doi.org/10.57250/ajup.v3i1.189>.

Sastradireja, Tazkia Diva, and Dewi Rosiana. "The Influence of Self-Concept on the Career Maturity of Grade 12 Students of State Vocational Schools in Bandung Regency." *Bandung Conference Series: Psychology Science* 2 , no. 2 (2022): 473. <https://proceedings.unisba.ac.id/index.php/BCSPS/article/view/3098>.

Sikdiknas. *Law of the Republic of Indonesia No. 20 of 2003 concerning National Education*. Jakarta: Raja Grafindo Persada, 2003.

Sugiyono. *Quantitative, qualitative and R&D research methods*. Bandung: CV. Alfabeta, 2014.

Wardhani, Primandha Sukma Nur, and Dian Nastiti. "Implementation of entrepreneurship education in fostering student entrepreneurial interest." *Prima Magistra: Scientific Journal of Education* 4, no. 2 (2023). <https://doi.org/https://doi.org/10.37478/jpm.v4i2.2622>.

Joseph, Muri. *Quantitative, Qualitative & Combined Research Methods*, 2017.